



Association nationale
des retraités fédéraux

National Association
of Federal Retirees

OUTAOUAIS

Member Discounts

❖ *With proof of membership in the National Association of Federal Retirees, Outaouais Branch*

Company	Contact	Discount	Restrictions (if applicable)
Food			
Pastina	355, boulevard Gréber Gatineau (Québec) J8T 6H8 819-243-0546 www.pastina.ca	With the Freebees card, 6% will be added to your account for any purchase amount. To get your Freebees card, please visit: Freebees (freebeespoints.com)	S/O
Lodging			
Hôtel Château Logue	12, rue Comeau Maniwaki, Québec 1-877-474-4848 819-449-4848	10% off the posted room rate. For more details or information, visit https://www.chateaulogue.com/index.php/en/	S/O
Groupe Katasa et Développement 1. Le District Aylmer 2. Village Riviera (Gatineau) 3. Le Manoir Pierrefonds (Montréal)	69 Rue Jean-Proulx, Suite 301, Gatineau, QC, J8Z 1W2 Contact: Tina Pettinicchi 514 293-8205 (Direct Line) tina@ledistrictaylmer.com	Offers rental units to members of the National Association of Federal Retirees with the following incentives: * 5 stainless steel appliances included; * The first month's rent free for a rental agreement of 12 months or more. In addition, upon signing a lease of 12 months or more, choose between <ul style="list-style-type: none">• Reimbursement up to a maximum of \$1,000 for moving expenses OR• 1 year of free indoor parking, a value of \$1,500. For more information, please visit https://ledistrictaylmer.com/?lang=en	S/O
Recreation			

Académie des Retraités de l'Outaouais (French only)	331, boulevard Cité-des-Jeunes Gatineau 819-776-5052	<ul style="list-style-type: none"> - Walking Club (free) - Conferences (free or same rate as ARO members) - Viactive (free) - Other activities at the same rate as members of the ARO <p>For a timetable and list of activities offered, visit www.aro.retraiteaction.ca</p>	S/O
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Personal Care and Wellness

AMERISPA	100, boulevard de la Marine, Bureau 2A Varenes (Québec) J3X 2B1 450-985-8585 x 1013	15% off listed services or packages For more details visit https://www.amerispa.ca/en/	Sunday to Thursday everywhere in Québec
Énergie Vie, Linda Côté, naturothérapeute	111-331, boulevard de la Cité-des-jeunes Gatineau (Québec) J8Y 6T3	20% off posted rates, tax included, - \$60 for a 1 hour session - \$75\$ for a 90 minute Session For more details about our services, please visit: www.energievie.ca	S/O
Signature Melisa Parenteau (French only) SPA Urbain	2-746, avenue de Buckingham Gatineau, Qc. J8L 2H8 819 281-1119	10% off all services. For more information on our services and packages, visit: www.signaturemelisaparenteau.com	S/O

Services

Fleurs de Guy (French only)	746, avenue de Buckingham, Unité 3 Gatineau (Québec) J8L 2H8 (819) 986-8293	10 % off flowers, gifts, and decorations, at any time. To see our range of services, and consult our floral arrangements, visit www.fleurdeguy.com	S/O
Maison funéraire Racine, Robert & Gauthier Beauchamp – Dignité	271, boulevard St-Joseph Gatineau (Québec) J8Y 3Y1 819-770-1300	10 % off the goods and services at our Gatineau location. We invite you to visit our website at: https://www.dignitymemorial.com/en-ca	S/O
Neolegal Inc	420 Notre-Dame Ouest Suite 601 Montréal (Québec) H2Y 1V3 1-855-996-9695	10% off legal services offered on our web site. For more information about our services and how we could assist you, please visit: https://www.neolegal.ca/en	S/O

Noel et Associés	Me Pierre Landry 111, rue Champlain Gatineau, QC J8X 3R1	20% off the published hourly fees. For more information about our rates and how we can assist you, please contact: P.landry@noelassocies.com	S/O