

AGM Meeting of NAFR Central Manitoba Branch (MB32)

Herman Prior Centre.....April 4/2018

Lunch was served at 12:15 and the meeting followed at 1:00. There were 36 people in attendance.

The meeting was called to order and opening remarks were made by Leanne Coleman-Kamphuis, our President. She welcomed everyone and introduced our first Guest Speaker, Heide Weibe, Regional Director from Sante' Sud Health Authority. Heide did a short Bio on herself and then started her Power Point presentation. Her area is one of the smallest health regions: it includes 4 cities, 12 towns, 5 villages, 190,000 residents and employs 5600 people. Sante' Sud is also the fastest growing region because it includes Winkler and Steinbach, which are very forward thinking communities and have the fastest population growth. Speaking of our area she said that the Lions Prairie Manor has 136 beds but in 20 years will double that because of ageism. Rural Portage is one of the least healthy regions due to ; **Socioeconomics**..elderly not being able to readily get together for interactive social functions; **education**... lack of; **Access to Services**....have to rely on friends and relatives; **Poor exercise and Nutrition**.....not affordable or available at times.

She mentioned some services that are available for Seniors: covered by Provincial Health Care.

**Services For Seniors**...support seniors in General living ; set up senior centres with activities; provide Adult Day Care which gives the caregiver some respite; Congregate Meal Programme where people can go to share meals and companionship (Herman Prior)

**Seniors Consultation Team**....Consists of Mental Health Clinicians and Geriatric Nurse Specialists

Anyone can enquire about these services.....you don't have to be referred by a Doctor.

**Then there are Home Care Services**.....*Personal Care*, which involve bathing, dressing and dispensing medications; *Care Co-ordinator*, gives access to services, referrals to Adult Day Care Programme and Assessment to Personal care Home.

*Palliative Care*----Anyone can be referred, No Doctor's note .....1-204-388-2038.....Specialized Programme, Home Oxygen, Drug access Programme. Assisted Dying Programme is also available.

**Advanced Care Planning**.....**What our wishes are** in case we can't look after ourselves; **Learn about** different medical procedures and what they can or can't do; **Decide who** will speak for you when you can't; **Write everything** down when at an appt.

**Different types of Housing** .....Independent Living, Elderly Personal Care Home, Assisted Living, Supportive Housing, Total Personal Care.

She told us that they have Offices in Portage and Winkler. Also, Telehealth is now available here where you can facetime with your Oncologist, etc., if you can't get to an appt in the city.

In closing she mentioned that Dementia is increasing with Ageism. There was a Q and A period with lots of participation.

Then , Leanne introduced our next Speakers, Al Braun and Vern Crandall, who are members of a committee called Assisted Living in Portage la Prairie. It's a non-profit organization that they have been involved with for about 4 years. The City has provided property east of the Portage Clinic to build a 3 story facility for ages 50 +. Al and Vern were here to give us an update on how events are progressing. Al had made a presentation to us in the fall of 2017 and this time they brought plans to show us what the proposed facility will look like. **Some features include:** private balconies, Central dining area ,which can be used for family gatherings, multipurpose room and patio, on-site Rec. Co-ordinator, weekly housekeeping ,either 1 or 2 bedrooms, library, games room, life lines, Shower and tub (in each suite)Kitchen, dining area and bathroom in each suite.

There will be a Residential Equity Fee up front (the amount is not yet decided). They are also looking for Public Funding, seeking Gov't help because it's a Non-Profit organization. Again there was a Q and A period. People were invited to check out the plans after the meeting.

The next Speaker was Cynthia Foreman, one of the NAFR Directors for our Region .She had high praise for our National President, Jean Guy Souliere'. He encourages everyone to send their comments to him. Some points of interest that Cynthia pointed out were that there are changes coming up to the PSHCP, **one of which is** the cost share starting April 1<sup>st</sup>. It is now 50/50-an exemption for those in receipt of guaranteed income supplement. There is a reminder about potential of claiming medical expenses for the PSHCP and the PDS.

They are looking at a pension review-the people currently on pension will not have their pensions changed but looking forward there will possibly be changes for new pensioners. The Honour Your Promise is still an outstanding issue. People who have paid into their pensions all their working years should not be deprived of getting it now.

**Veterans Town Hall update**-heard from 500 at the 12 town halls and 150 on-line comments. There will be a meeting on April 9 to discuss feedback. Objective is to determine what role NAFR can play in assisting with the transition;-**Federal Budget related to Seniors**- creation of an Advisory Council on the Implementation of National Pharmacare; **finally scrap** the Phoenix Pay System; **Long term and Home Care** are missing from the Budget ; **Gov't will be seeking feedback** from Pensioners, workers and employers; **New partnership** with the Retired Teachers of Ontario.

Bill Merchel , our BSC in charge of training for Manitoba and Northwestern Ontario spoke briefly. He introduced himself and gave us some insight into his job mandate. He attends many regular meetings as well as AGM's at different branches talking to members about branch issues and new items of interest coming up. He sets up conferences within his territory.

Then we continued on with the business part of our meeting: We didn't have any names of deceased members since our last meeting in fall, so we had a moment of silence for any members that had passed.

Lorne McNeice, our Vice President took over the meeting.

Gord Zahara moved that the Minutes of the 2017 AGM (handouts) be approved and Glen Jones seconded. All in favour. **Carried.**

**The Audited Financial Statements** (handouts) for the year 2017 showing earnings of \$3519.26 were moved for adoption by Clayton Skerry and seconded by David Barney. All in favour. **Carried.**

This was followed by the move for adoption of the previous regular meeting of Oct.4/2017 by Glen Jones and seconded by June Outingdyke. All in favour. **Carried.**

There was no business arising from these reports.

Treasurer, Lorna Lawson presented her report as handouts. Ingrid Hurford moved the report be adopted and April Bereza seconded. All in favour. **Carried.**

Marianne Abbors who has resigned from her position as Membership Chair was not in attendance so current figures were not available. The figures were estimated at around 305. There will be a more detailed report at the next meeting.

Leanne was going to do an HBO report but she mentioned that Cynthia had already touched on the points she was going to present. She did draw everyone's attention to the new address of Sun Life Assurance Claim Dept. which was shown on the last page of the Agenda. She also mentioned that the claims can be done on-line.

So then Lorne stated that being as how the elections last year were for a 2 yr term as per the By-Laws, the Executive was in place for another year. However due to Marianne's resignation we are looking to fill her Membership Chair's duties. Bill Merchel pointed out that things have gotten so much more streamlined in recent years that the position is not difficult. So we didn't need a Swearing -in of Officers.

Leanne thanked everyone for coming and announced that May 17<sup>th</sup> would be the date for the meeting in Morden. The Fall meeting date has yet to be decided but will probably be toward the end of Sept or the beginning of October.

The 50/50 draw was won by Bill Nott

Meeting adjourned at 2:30.

Minutes submitted by \_\_\_\_\_

Date: \_\_\_\_\_

Ruth Johnson

Secretary

National Association of Federal Retirees, Central Manitoba Branch (MB 32)

